



Theology and Psychology in a Clinical Setting

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Abstract

Objective: This research covers the overlap of theology and psychology in a clinical setting to encourage the collaboration and cross education of both fields.

Methods: This is a phenomenological study that analyzes the lived experiences of Chaplains by having open ended questions that they can answer on how they handle different situations.

Results: I found that there is an overlap in the methods of providing comfort and helping them process information.

Objectives

- To explore the intersection of theology and psychology in a clinical setting.

Limitations

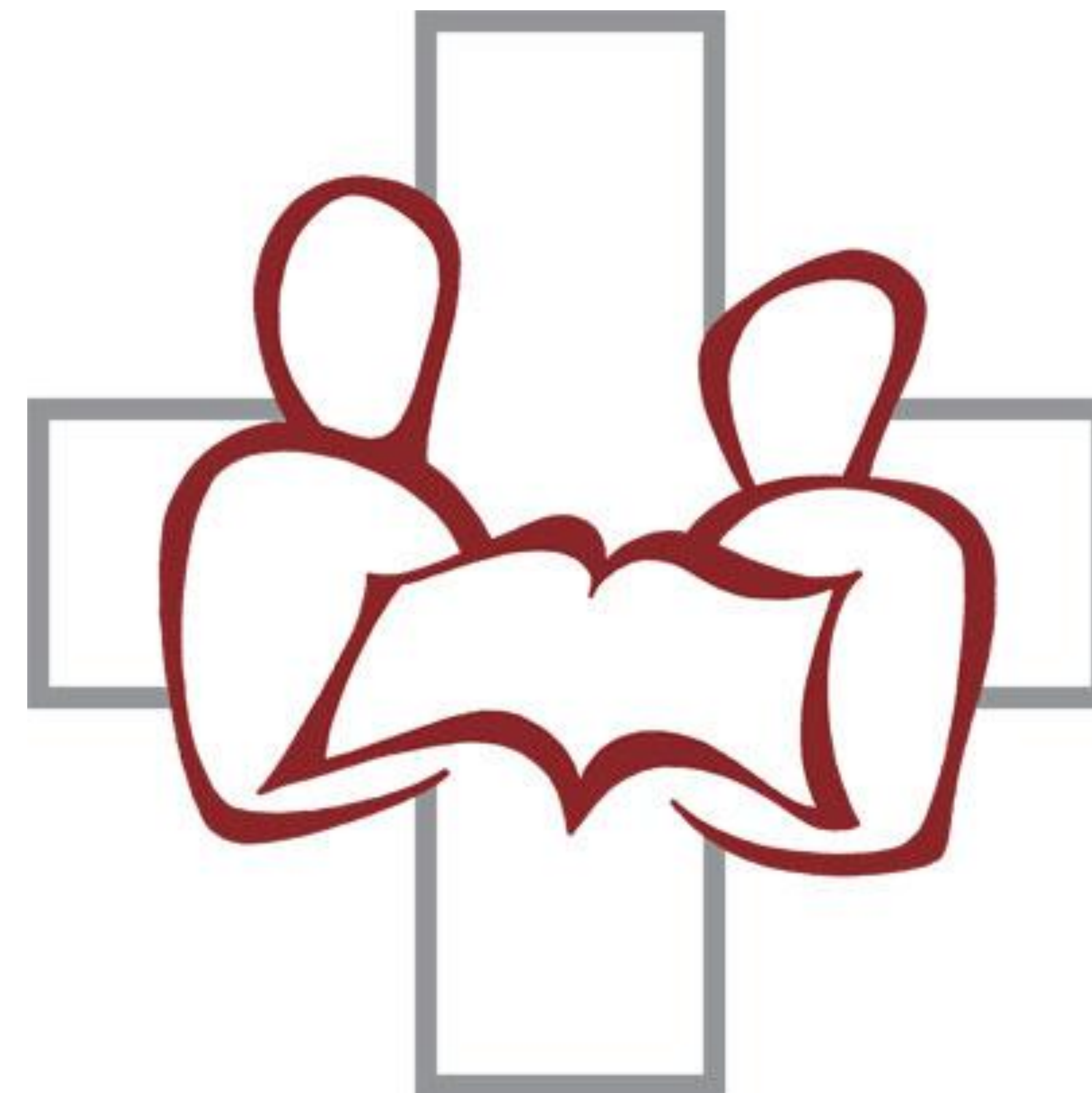
- Amount surveyed, personal capability, and personal bias.

Conclusions

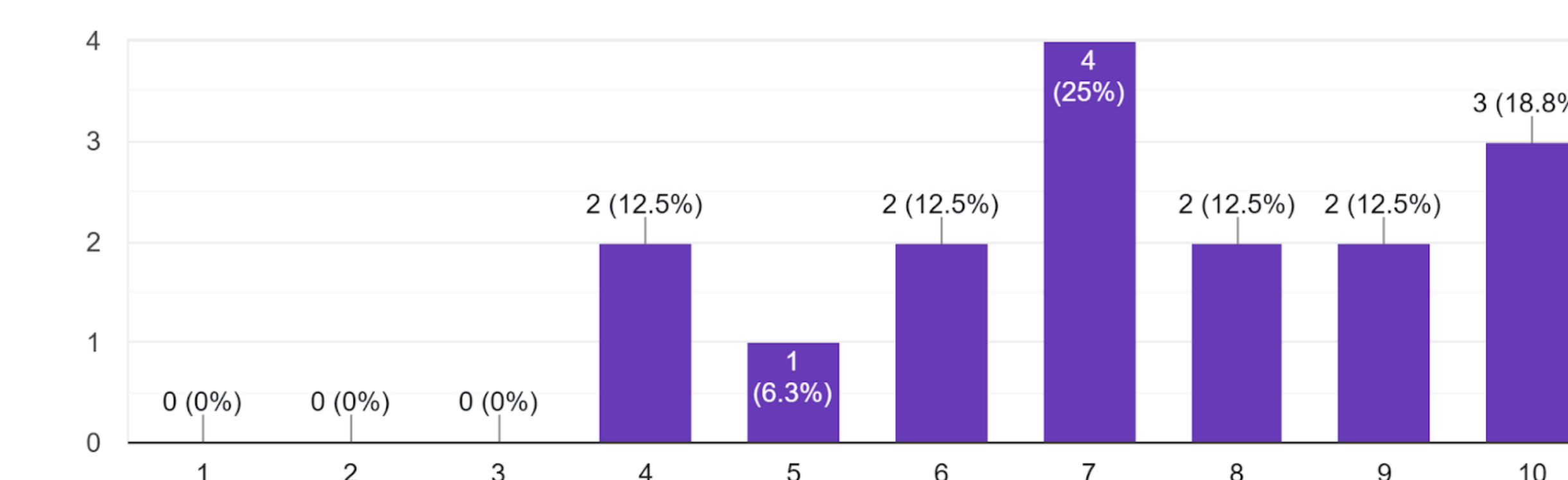
- While there is an overlap it is limited to providing comfort and helping them to process information.

Implications

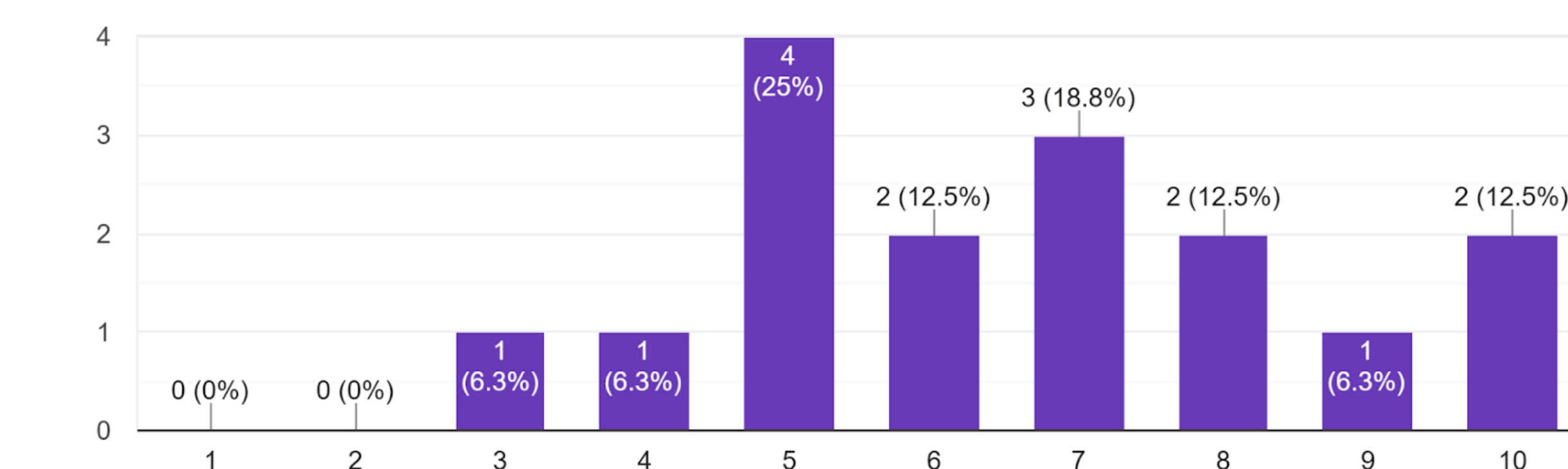
- With an overlap being present more cross education between the two fields would prove beneficial in the betterment of treatment approaches and the effectiveness of those administering care.



What percent of your counseling is based in theological principles?
16 responses



What percent of your counseling is based on psychological principles?
16 responses



Context

Chaplains handle a myriad of different situations where they must provide comfort and care where they can. The problems they may face are best described in the HARP-M framework which stands for; Hope, Autonomy, Relationships, Peace/Comfort, and Meaning. By chaplains having to handle these kinds of situations lead me to believe in an overlap in between comfort through faith and that of psychology.

RESULTS

Through my research I found an overlap in the methods they used. Especially when it came to the emphasis on the effect of listening to the client, whether through attunement theory or through active listening. Additionally, I found similarities between Wardens Grief theory and the effect of practices such as the Commendation of the Dying and Last Rights. As both practices are designed to provide comfort to those who are dying while Wardens' theory is designed to help them work through the loss they are facing.