



FLORIDA STATE UNIVERSITY  
PANAMA CITY  
*Office of Student Affairs*

Counseling Services

# Local Mental Health Substance Abuse Providers

## AGENCIES

AWARE (Women's Recovery Program)  
Alford, FL  
(850) 597-1001

Angel House Bereavement Center  
1015 Grace Ave., Unit C  
Panama City, FL 32401  
(850) 275-5036

Bay County Vet Center  
3109 Minnesota Ave., Suite 101  
Panama City, FL 32405  
(850) 522-6102  
Offering the following groups: PTSD, MST, Yoga/  
Meditation, Paint Therapy, Jewelry Making, Guitar  
Therapy, Relationship, Moral Injury  
[vetcenter.va.gov](http://vetcenter.va.gov)

CARE (Chemical Addictions Recovery Effort, Inc.)  
Bay Outpatient (BOP)  
2230 N. East Ave. (DUI Bldg.)  
Panama City, FL 32405  
(850) 872-7730 and 7701 press 0  
[www.care4000.com](http://www.care4000.com)

Emerald Coast Behavioral Hospital  
1940 Harrison Ave.  
(850) 763-0017  
Outpatient individual and groups only Inpatient  
hospital to reopen mid-March  
[emeraldcoastbehavioral.com](http://emeraldcoastbehavioral.com)

Florida Therapy Services  
2711 West 15th St.  
Panama City, FL 32401  
(850) 769-6001  
[flatherapy.com](http://flatherapy.com)

02/07/19  
Suicide Prevention Lifeline (800) 273-TALK (8255)  
Alcoholics Anonymous/AI-Anon 850-784-7431

Gulf Coast Addiction Medicine  
227 Forrest Park Circle  
Panama City, FL 32405  
(850) 522-1516  
[gcamed.com](http://gcamed.com)

Gulf Coast Sexual Assault Program  
310 East 11th St.  
Panama City, FL 32401  
(850) 872-7760  
24 hour crisis line (866) 218-4738  
[gulfcoastcac.org](http://gulfcoastcac.org)

Gulf Coast Veteran's Health Care System – Panama  
City Outpatient  
2600 Veterans Way  
Panama City, FL 32408  
(850) 636-7000  
[myhealth.va.gov](http://myhealth.va.gov)

Journey Pure  
22219 Panama City Beach Parkway  
Panama City Beach, FL 32413  
(850) 249-4300  
[emeraldcoastjourneypure.com](http://emeraldcoastjourneypure.com)

Life Management Center of Northwest Florida, Inc.  
525 East 15th St.  
Panama City, FL 32405  
Main No. (24 hour crisis line) (850) 785- 8750  
Toll-free crisis line (888) 785-8750  
[lmccares.org](http://lmccares.org)

Salvation Army Domestic Violence Program  
(Women's Shelter not open at present)  
1824 West 15th St.  
Panama City, FL 32041  
Main number (850) 769-7989  
Crisis line (800) 252-2597  
Domestic Violence and Rape Crisis Program  
(800) 252-2597

Florida Domestic Violence Hotline (800) 500-1119 Narcotics  
Anonymous 1-866-095-0008 local ext. #3

## PRIVATE PROVIDERS

A Peace of Mind Therapy  
Dale Heppe, LMHC  
Adjunct at Troy University  
Can supervise college and state level practicums  
Specializes in anger management, PTSD, and  
Accelerated Resolution Therapy, REBT  
114 Airport Rd., Suite A  
Panama City, FL 32405  
(850) 481-8189  
[apeaceofmindtherapy.com](http://apeaceofmindtherapy.com)

Ap Family Life Educational Counseling  
Anita Pembleton, Ph.D, LMHC, CFLE  
Adjunct at Troy University Specializes in attachment  
disorder, ADHD, marriage counseling, play therapy,  
anger management, anxiety disorder, stress  
management, PTSD, resilience treatment and  
reunion reintegration after deployment.  
5 Miracle Strip Loop Suite 14  
Panama City Beach, FL 32407  
(850) 763-0708  
[apflec.org](http://apflec.org)

Associates of Counseling & Psychology  
Neda C. Koehnemann, PhD  
Specializes in family and individual counseling with  
children and adults  
105 Jazz Drive  
Panama City, FL 32405  
(850) 522-9719

At The Cornerstone Christian Counseling Center  
(CCCC)  
Cathi Casto, LCSW  
Works with children, adolescents, and adults and who  
have Autism Spectrum Disorder, mood disorders,  
older adult issues, and trauma and is trained in  
EMDR.  
In-network provider for Blue Cross/Blue Shield,  
Tricare, Medicare and Cigna. Self-paying clients' fee:  
\$100 an hour  
Denise Clubbs, LMHC, LMFT  
Works with couples, adolescents, and adults in the  
areas of trauma, mood disorders and family issues  
and is experienced in EMDR.  
Cash pay only \$100 an hour  
1103 Fortune Ave.  
Panama City, FL 32401  
(850) 769-6188

02/07/19  
Suicide Prevention Lifeline (800) 273-TALK (8255)  
Alcoholics Anonymous/AI-Anon 850-784-7431

Bayside Neurotherapy  
Cynthia Wilson, PsyD, LP, BCN  
Areas of expertise include neurofeedback, woman's  
trauma, complex trauma, depression, anxiety,  
personality disorders, adjustment to life changes,  
grieving, and self-esteem  
One Stanford Centre  
1022 W 23rd St  
Suite 530  
Panama City, FL 32405  
(850) 541-8520

Beach Counseling & Psychological Services  
Joel G. Prather, PsyD., LMHC  
Cara Wheeler, PsyD  
12133 Panama City Beach Parkway  
Panama City Beach, FL 32407  
(850) 249-9636  
Fax (850) 249-9635  
[beachcounseling.net](http://beachcounseling.net)

Suzanne Clark, LCSW  
Mental Health First Aid Educator Neutral Facilitator  
for Divorce  
(850) 319-3828

Finch & Finch Consulting Group  
Ken Finch, Ph.D, LMHC  
Dallas Finch, LCSW  
Meredith Finch Thurlow, LCSW  
Individual and family therapy, EMDR, coaching,  
team building and leadership development  
752 Harrison Ave.  
Panama City, FL 32401  
(850) 747-8144  
[drfinch.net](http://drfinch.net)

Green Wave Family Wellness Center  
John "Chuck" Cluxton, Ph.D in Marriage and Family  
Counseling, LMFT, LMHC, NCC  
Certified in Hypnosis Therapy, Certified Rapid  
Resolution Therapy Practitioner having completed  
IRRT's highest advanced level III training,  
Has specialized training in dealing with Anxieties  
and Trauma including diagnosis of Panic Attacks  
and PTSD,

Florida Domestic Violence Hotline (800) 500-1119 Narcotics  
Anonymous 1-866-095-0008 local ext. #3

## PRIVATE PROVIDERS cont.

Green Wave Family Wellness Center cont.

### **Denise Folsom, LMHC**

Specializes in working with young children with trauma or behavioral issues, combat/military trauma, sexual assault and childhood abuse

625 Jenks Avenue  
Panama City, Florida 32401  
(850) 215-5657

Balk and Associates

### **Brandy Haiman, LCSW**

Works with individuals, couples and families, children and adults Specializes in relationship issues, depression and parenting  
Accepts BlueCross and BlueShield, Florida Blue (Out of network provider- form given to client to file own insurance claim) and Out of Network

### **Robbie Hysong, LMHC**

She provides client-centered therapy with an emphasis on the connection between the body, mind, and soul. Robbie particularly specializes in treating addictions/substance abuse and eating disorders. Other areas of specialty include grief therapy, relationship issues, stress management, career planning, and sexual orientation/gender identity counseling.

1000 West 11th Street  
Panama City, Florida 32401  
(850) 633-1242

Hughley's Mental Health Services

### **Marvin Hughley, LMHC, MCAP, SAP**

(military veteran) Specializes in addiction issues and trauma treatment

205 Forrest Park Circle  
Panama City, FL 32405  
850-628-9326

[healingtime4u.com/#one](http://healingtime4u.com/#one)

Bob Kuchta Counseling, LLC

### **Bob Kuchta, LCSW**

Works with children and adults. Uses a trauma-informed lense; trained in EMDR and Internal Family Systems.

Accepts Aetna, Cigna, Florida Blue-Blue Cross/Blue Shield, Tricare, Military One Source, and Uninsured

02/07/19

Suicide Prevention Lifeline (800) 273-TALK (8255)  
Alcoholics Anonymous/AI-Anon 850-784-7431

814 Grace Ave.

Panama City, FL 32404

(850) 358-8389

[bobkuchtacounseling.com](http://bobkuchtacounseling.com)

### **Barbara Maxwell, LCSW**

(850) 215-8552

### **Nancy Mills, LCSW**

(850) 814-8984

29 East 5th St.

Panama City, FL 32401

Cash pay only: \$85/hour

### **Sherry Taylor-Butler, Ed.D, LMHC**

Specializes in depression, anxiety and substance abuse but works with most issues

400 West 11th St., Suite F

Panama City, FL 32401

(850) 960-7862

[sherry@drtylorbutler.com](mailto:sherry@drtylorbutler.com)

Trompeter Counseling

### **Pamela Trompeter, LCSW**

Specializes in depression, anxiety, couples counseling, addictions, LGBTQI issues and hormone therapy evaluations She accepts a variety of insurances.

1137 Harrison Avenue, Suite 5

Panama City, Florida 32401

(850) 972-1522

Thrive Life Counseling & Wellness, LLC

### **Thomas Winterman, LMHC**

114 Airport Road, Suite A Panama City, FL 32405

(850) 890-7963

[thrivelifecounseling.com](http://thrivelifecounseling.com)

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## PSYCHIATRISTS

Balk and Associates

**Susan Balk Kradel, MD**

(Child/Adolescent)

Dr. Balk utilizes a family-centered approach in treating the emotional and behavioral problems of children, adolescents, and adults.

1000 W 11th St

Panama City, FL 32401

(850) 913-8313

[balkoffice@knology.net](mailto:balkoffice@knology.net)

**Bart Edwards, MD (Adult)**

1607 Lisenby Ave., Suite D

Panama City, FL 32045

(850) 250-3360

**John L. Laubenthal, MD**

2226 Thomas Dr.

Panama City Beach, FL 32408

(850) 249-7400

**Rajnikant B. Patel, MD**

4836 County Rd 389

Lynn Haven, FL 32444

(850) 747-0168